



A one day introductory course to the Urwin Combat System

An introduction to the **Urwin Combat System's** unique and highly advanced combat technology

BUT PLEASE UNDERSTAND THAT THIS IS NOT A MARTIAL ART!

This is a system that once learnt will be with you for the rest of your life – only moderate fitness is required – you'll be able to use it well into later life

The course introduces you to some of the physical elements of the 'Urwin Combat Machine', coupled with a realistic understanding of how to deal effectively with live situations including weapons defence

**THE MOVES BECOME NATURAL
THE MENTALITY UNIQUE**

If invited to take part in this course you will sign a confidentiality agreement and no photography or video recording will be allowed under any circumstances

The course is suitable for (but not exclusive to) personnel from the military, Close protection security, law enforcement and intelligence services

Further longer courses are available covering levels 1 and 2 (completing the first 20 moves of the 'Urwin Combat Machine')

Following on from level 2, suitable combatants will be invited to apply for instructor status involving levels 3 to 5

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